

#### ΠΑΝΕΛΛΗΝΙΟ ΣΥΝΕΔΡΙΟ ΠΑΙΔΙΑΤΡΙΚΩΝ ΛΟΙΜΩΞΕΩΝ

14-16 Δεκεμβρίου 2018 ΞΕΝΟΔΟΧΕΙΟ ROYAL OLYMPIC ΑΘΗΝΑ

# HIV Infection in children: Past present and future

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### HIV in pregnancy and some ART milestones



- Globally 15.3 million women of reproductive age are living with HIV, with around 1.4 million pregnancies per year
- 1994: trial results show efficacy of antiretroviral drug (zidovudine) in preventing VT (antenatally, intrapartum, neonatal)
- 1996: combination ART shown to be more efficacious than monotherapy for HIV treatment
- 2013 WHO guidelines: pregnant and BF women should start life-long treatment regardless of immune status
- 2015 WHO guidelines: "Treat all" lifelong as soon as possible after diagnosis

**UNAIDS 2018** 

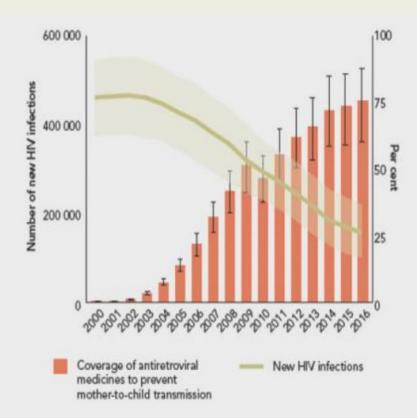


FIGURE 2.5. NEW HIV INFECTIONS

AMONG CHILDREN (AGED O-14 YEARS)

AND COVERAGE OF ANTIRETROVIRAL

REGIMENS TO PREVENT MOTHER-TO-CHILD

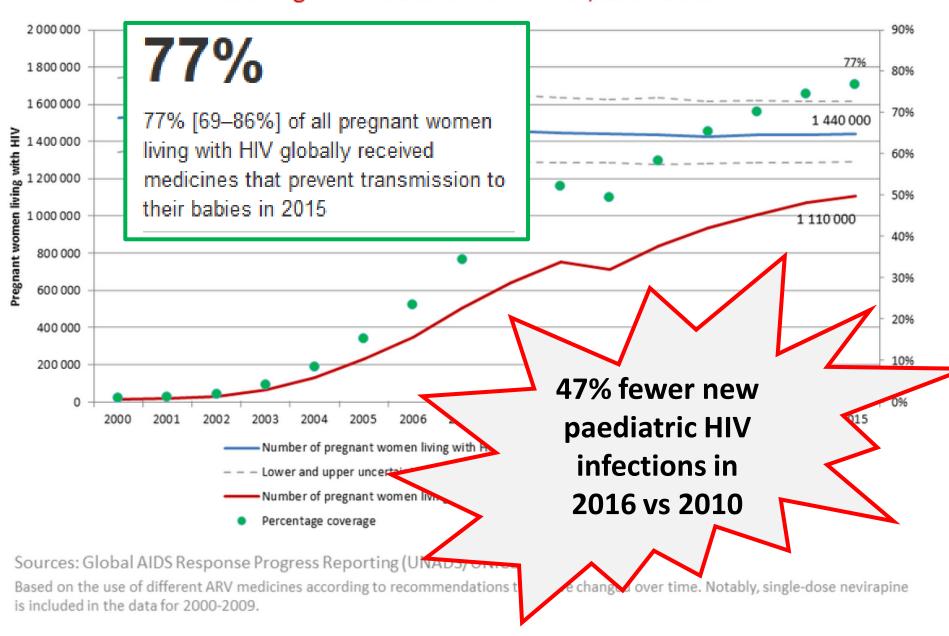
TRANSMISSION, GLOBAL, 2000-2016

Source: UNAIDS 2017 estimates.

#### Perinatal HIV Infection – Current State

- 2 million perinatal HIV infections prevented
- Worldwide, <u>160,00</u> new infections in children < 15 years of age in 2016 – 400 new infections daily
- Estimated that <u>69</u> (60-83) infants born with HIV infection in US in 2013

### Number of pregnant women living with HIV and number and percentage of them receiving ARV medicines for PMTCT, 2000-2015



### HIV prevalence in pregnant women in Europe

- Limited data available largely extrapolated from antenatal HIV testing data
- Russia has the highest antenatal HIV prevalence at approx. 1% nationally



- 9 regions have prevalence >1%, including Samara region –
   2.2%, Sverdlovsk region -1.8%, St Petersburg region –1.7%
- Prevalence in Ukraine decreased from a high of 1.0% in 2010 to around 0.8% currently
- In Western Europe, prevalence < 0.5%</li>
  - Higher in migrant women from areas of high HIV prevalence, although generally prevalence in these groups is much lower than in their countries of origin

# Vertical HIV transmission rates elsewhere in Europe



#### **European Pregnancy & Paediatric HIV Cohort Collaboration**

- Among women starting on ART in pregnancy in 2008-14
  - VTR: 1.11%
- Among all women in EU-based cohorts
  - VTR: 0.7% in 2012

#### French Perinatal Cohort, 2005-2015

Among women on ART at conception (on LPV/r, ATZ/r, DRV/r or RAL), VTR: <0.2%</li>

#### **Russian Federation**

VTR: 1.95% (2016) and 1.7% (2017, provisional data)

# How have countries achieved these low MTCT rates?



#### **Ascertainment of maternal HIV status:**

 High antenatal care coverage and very high rates of HIV antenatal screening; increasing testing coverage outside pregnancy

#### **Key factors relating to ART:**

- High proportion of women on suppressive regimens at conception
- Earlier use of cART in pregnancy for women not on treatment at conception
- Most pregnant women receive cART and obtain optimal control of viral replication before delivery

### French Perinatal Study: VT rates



- 8075 mother-infant pairs, 2000-2011
  - On ART, live births
- MTCT=0.7% overall
- 33% mother-infant pairs (n=2651) were:
  - On ART from conception and throughout pregnancy
  - Delivered with maternal VL <50 copies/ml</li>
    - No vertical transmission (95% CL = 0.1%)
- MTCT rate regardless of maternal VL:

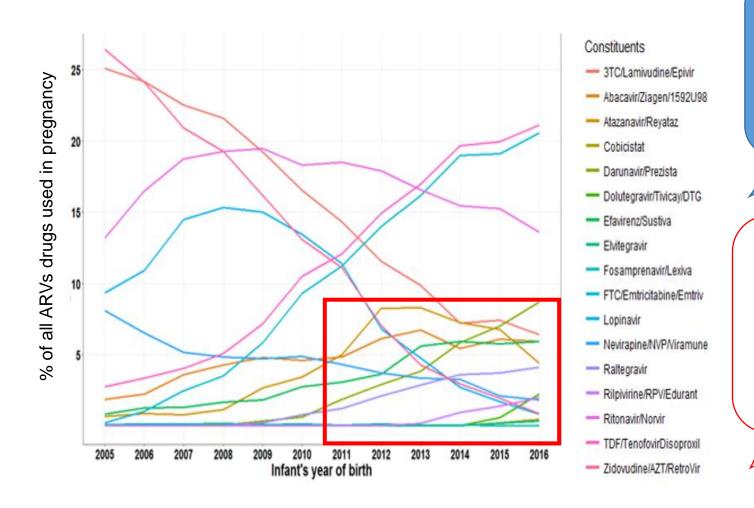
Mother on ART pre-conception: 0.2%

Started ART in 1<sup>st</sup> trimester: 0.4%

Started ART in 2<sup>nd</sup> trimester: 0.9%

**Started ART in 3<sup>rd</sup> trimester: 2.2%** 

UK data: overall trends in ARV use in pregnancy, 2005-2016



Decreasing proportion of ZDV/3TC LPV/r Nevirapine

Increasing use of newer drugs, more diverse regimens in pregnancy

### Pregnancy and new drugs



- More data needed on PK and safety of newly authorized antiretroviral drugs
  - Particularly important as increasing numbers of women of reproductive age needing 2<sup>nd</sup>-line regimens globally
- Summary of product characteristics of new drugs are mostly based on preclinical findings
  - Limited data on human pregnancy
  - Many recommend avoiding use in pregnancy
- But at least half of pregnancies are unplanned!
- Dolutegravir safety signal has focussed more attention on this issue

### Dolutegravir in pregnancy



- DTG, an integrase strand transfer inhibitor, authorized in 2014 (DTG - Tivicay, ABC+3TC+DTG - Triumeq)
- WHO: in 2016, DTG recommended for 1<sup>st</sup> line ART in nonpregnant adults
  - highly effective, low toxicity and high genetic barrier to resistance, few drug-drug interactions
- Botswana DTG-based ART rolled-out to all HIV+ adults including pregnant women
- Safety signal from a preliminary unscheduled analysis in the Tsepamo Study in Botswana in May 2018
  - 4 neural tube defects (NTDs) among 426 women conceiving on DTG
  - Rate of 0.94% (95% CI 0.37, 2.4) vs 0.12% (95% CI 0.07, 0.21) in infants exposed to other ARVs from conception
- Other studies (smaller numbers) showed no initial teratogenicity concerns

# Despite huge successes, vertical transmissions do still occur....

Understanding circumstances around such cases can help us **identify missed opportunities** to prevent new infant infections and to **strengthen our systems** and / or make them as **equitable** as possible





# Vertical transmissions despite interventions: EPPICC, 2002-15



- 323 infected infants with exposure to any ARVs (AN, IP or NP) from 9 cohorts in 14 countries
- 53% born in Western/Central Europe and 47% in Eastern Europe
- 35% of mothers had been diagnosed before pregnancy
  - Only 13% conceived on ART and 38% had no antenatal ART
- 65% of mothers were diagnosed in pregnancy/at delivery
  - Late diagnosis and late start or no ART were common
- 23% infected infants were born **preterm** 
  - Truncates duration of antenatal ART
- 21% born to mothers with an injecting drug use history

## Natural history of vertically acquired HIV

- ~20% rapid progressors
  - early severe disease, Ols (esp PCP),
     encephalopathy, AIDS, death
- ~75% slow progressors
  - 3-5% progressing each year to AIDS/death
  - 50% survived to 10 yrs
  - Many free of clinical symptoms for long periods despite no ART
- <1% long term non-progressors</p>

Tovo et al Lancet 1992, ECS Pediatrics 1994, Mayaux et al JAMA 1996, French & ECS JAIDS 1997, Pliner et al AIDS 1998

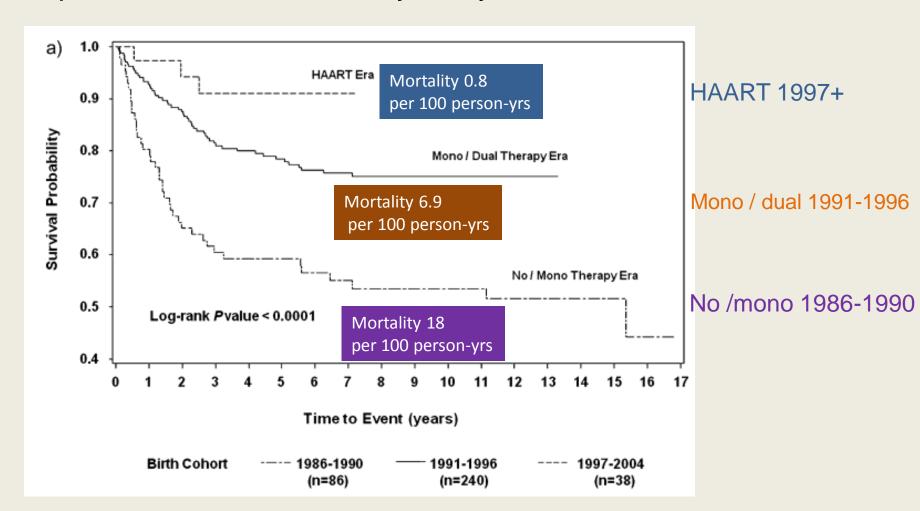
### Antiretroviral therapy

"In the late 1980s part of my routine, as the director of a pediatric human immunodeficiency virus (HIV)/AIDS clinic, was to attend funerals of my patients, children who succumbed to this disease. Now I am attending their graduations from high school and some of my patients are going to college."

Yogev R. JAMA 2005; 293: 2272-5.

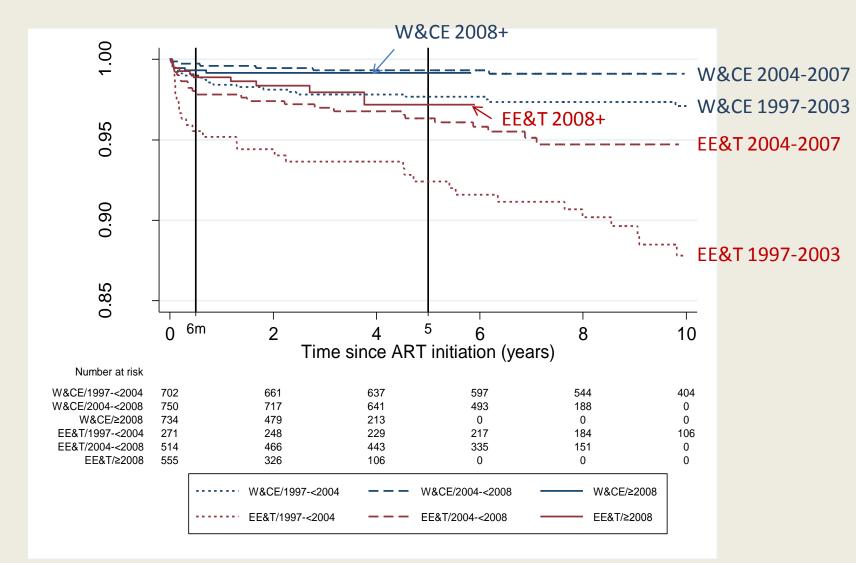
#### Mortality Trends in the US Perinatal AIDS Collaborative Transmission Study (1986–2004)

#### Kaplan-Meier survival analysis by birth cohort, n=364



Kapogiannis et al, CID 2011, 53: 1024-1034

# Time from cART initiation to death by calendar period of ART initiation and country group

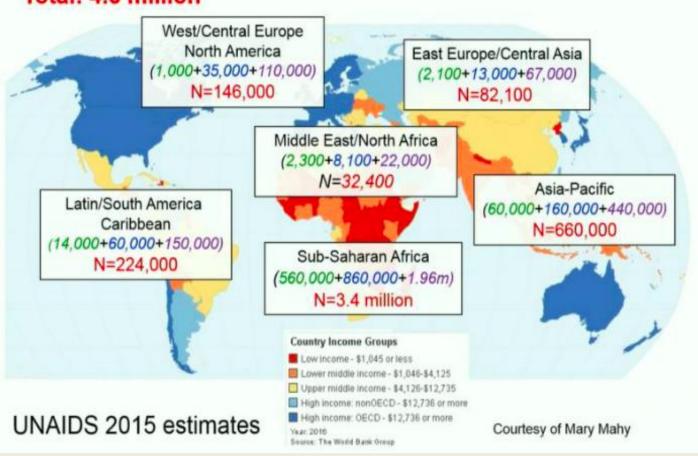




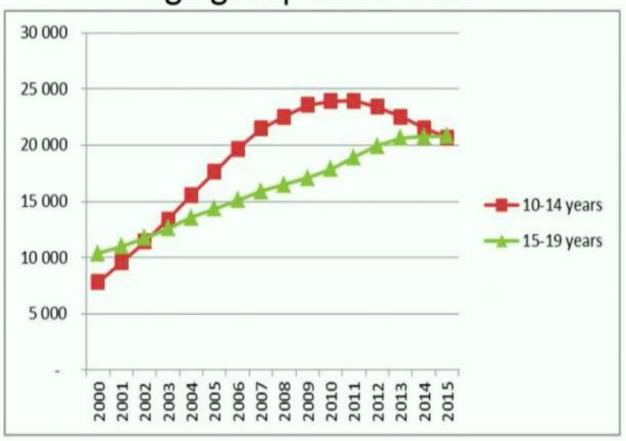
#### Adolescents and youth living with HIV, 2015

N=640,000 (10-14) + 1,100,000 (15-19) + 2,800,000 (20-24)

Total: 4.5 million



# Estimated number of AIDS deaths by age group 2000-2015

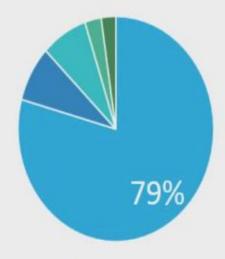


UNAIDS 2016 - courtesy of Mary Mahy

#### **CIPHER**

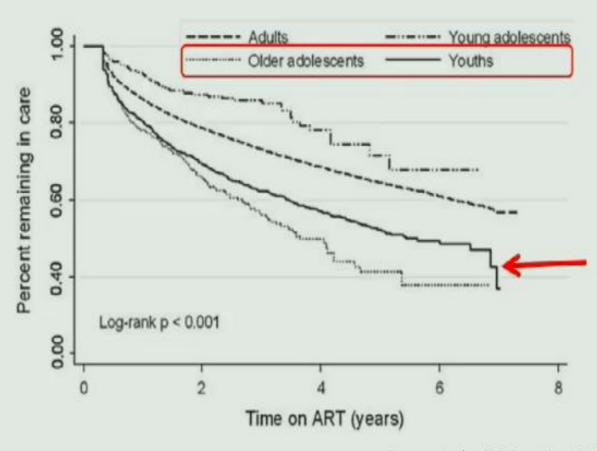
(Collaborative Initiative for Paediatric HIV Education and Research Cohort Collaboration)

- 38,187 adolescents with HIV included in cohort between 1982 and 2014
- Median age starting ART (0.9 vs. 7.9 years), youngest in North America and oldest in Sub-Saharan Africa
- 88% had received ART
- Only 38% had any viral load recorded at any time
- 72% were suppressed at last viral load measurement



- Sub-Saharan Africa
- Europe
- South/Southeast Asia
- North America
- South America and Caribbean

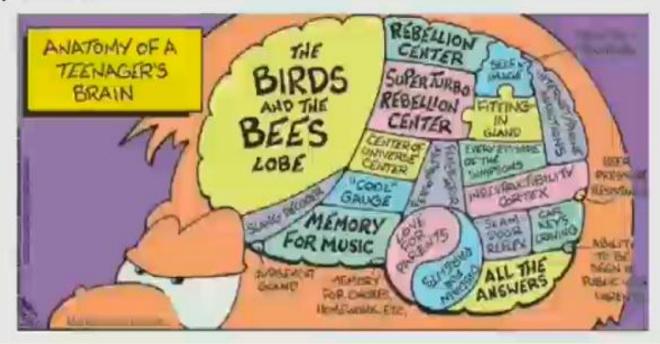
### LTFU among 42,427 rural and urban patients on ART South Africa

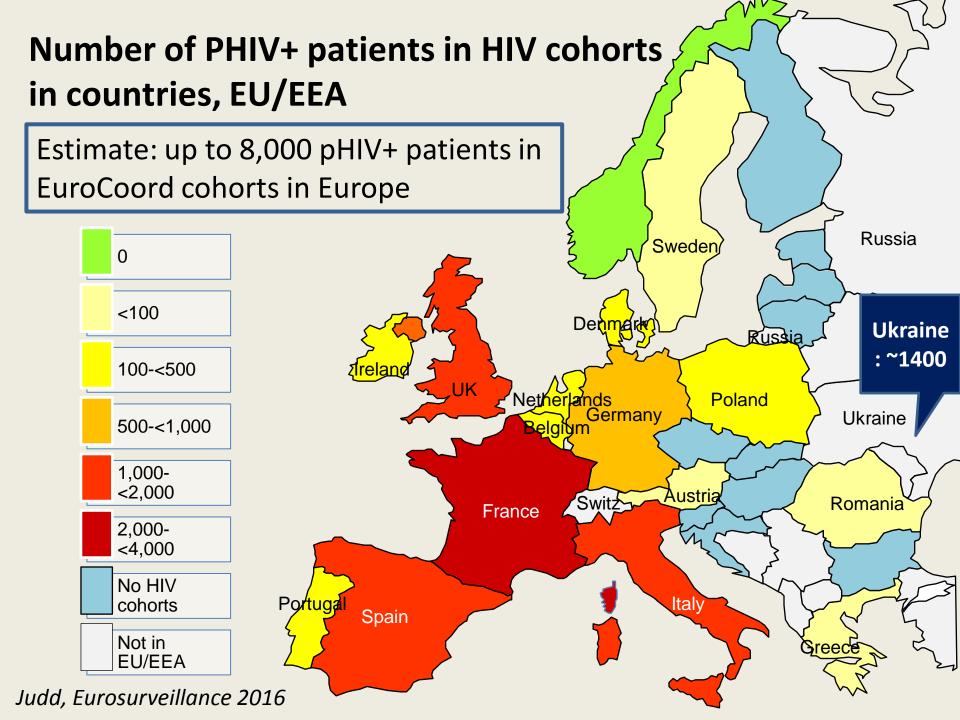


Evans et al. AIDS Res Hum Retro 2013

# Why could 90:90:90 be so impossible for adolescents and young people?

- · Transitions: Developmental, Health care, Responsibility
- · Finances, Employment, Housing, Education
- Gender identity, Peer pressure
- Drugs, Sexuality
- Disclosure
- Co-morbidities or effects of lifelong Rx
- Mental health & neurocognitive comorbidities
  - Andiman 2011, Lowick 2012,
     Kamau 2012, Puthanakit 2010





### Adolescents MSM at higher risk of HIV infection

Table 1. Characteristics of adolescent MSM (13-19 years) who received a Centers for Disease Control and Prevention-funded HIV test at a nonhealthcare facility, 2015<sup>a</sup>.

	HIV test events		Persons with newly diagnosed HIV infection		Linkage <sup>b</sup> to HIV medical care within 90 days
	N	%	N (%)	OR <sup>c</sup> (95%)	N (%)
Race/ethnicity					
White	1824	27	17 (0.9)	Referent	15 (88.2)
Black/African-American	2410	36	76 (3.2)	3.97 (2.16-7.29)*	45 (59.2)
Hispanic or Latino	1935	29	24 (1.2)	1.77 (0.89-3.55)	17 (70.8)
Others <sup>d</sup>	563	8	4 (0.7)	0.72 (0.20-2.55)	4 (100.0)
Region <sup>e</sup>					
Northeast	1003	15	14 (1.4)	0.46 (0.22-0.98)**	9 (64.3)
Midwest	1330	20	11 (0.8)	0.27 (0.14-0.53)*	8 (72.7)
South	2737	41	76 (2.8)	Referent	50 (65.8)
West	1615	24	20 (1.2)	0.73 (0.42-1.27)	14 (70.0)
Reported HIV-related risk behaviors <sup>f</sup>				,	
Yes	5103	85	97 (1.9)	2.05 (0.99-4.26)	67 (69.1)
No	876	15	8 (0.9)	Referent	3 (37.5)
Total tests provided to adolescent MSM	6848		121 (1.8)		81 (66.9)
Total tests provided in nonhealthcare facilities	703 890		4860 (0.7)		3157 (65.0)

Marano MR. AIDS 2017; 31: S261-5.

# First cohorts of PHIV survivors reaching adulthood: psychosocial issues plus biological factors

#### **Different to younger PHIV**

- Historical sub-optimal treatment
- Older ages at ART initiation
- History of severe HIV disease
- Comorbidities
- Parental sickness /death
- In EE, parental drug use and institutionalisation

#### Other issues in adolescence

- Stigma, disclosure to friends /sex partners
- Adherence (estimated at 62% among adolescents in Europe vs. 80% of adults, Kim AIDS 2014)
- Mental health
- Education /employment
- Navigating health systems
- Risk behaviours

### ARV resistance among HIV-positive young people

Country /region	Population	Proportion with ARV resistance	
UK	644 YP transferring to adult care in 1996-2014	82% resistance to ≥1 drug class; 56% to 2 classes; 12% triple class resistance	
Spain	63 patients before transfer to adult care in 1993-2010, median age 14.7 years	17% had triple class resistance Resistance prevalence was 51% for PI, 77% for NRTI, 37% for NNRTI	
Europe	806 PHIV aged <20 at ART start, 5166 BHIV aged 15-29 at ART start	9.6% of PHIV had triple class failure 5 years after ART start, vs. 4.7% of BHIV. Highest risk in PHIV starting ART at 10-14 years (c.30% at 5 years)	
US	234 YP; median age 15 years. Mean duration of cART: 10.2 years.	75% had intermediate /high level resistance to ≥1 ARV. 18% had triple class resistance	
Canada	45 young people transferred to adult care between 1999 and 2011, median age 18.1 years, 32 were PHIV	28/38 patients had drug resistance to ≥1 ARV. 12/38 (32%) had triple class resistance	

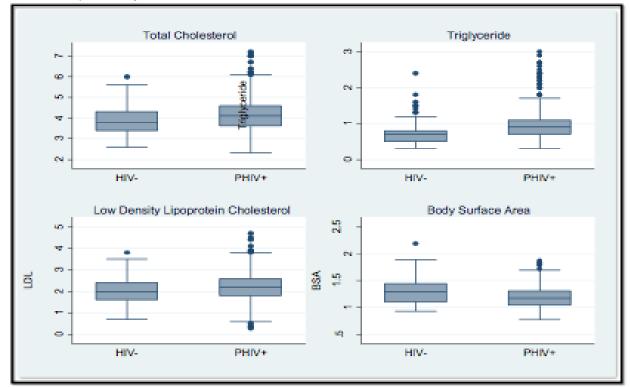
Collins, CID 2017; De Mulder, PLoS ONE 2012; Judd for PLATO II COHERE, HIV Med 2016; Van Dyke, CID 2016; Van der Linden, J Ped Infect Dis 2012

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#### Result

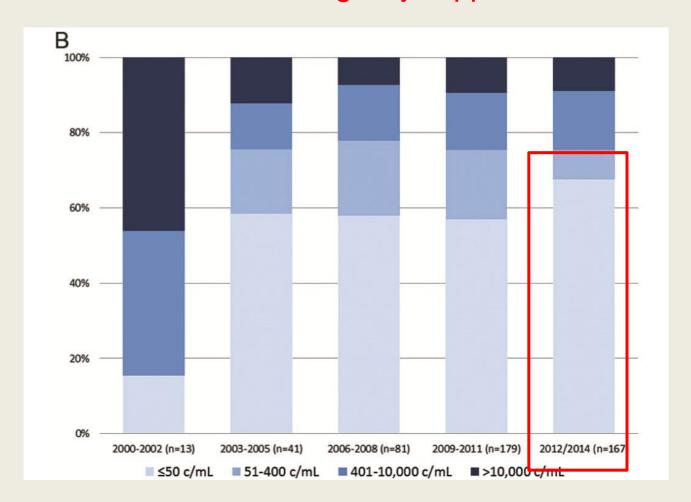
- Overall 474 PHIV+ (median age, 12 years; 51% male; mean age at ART initiation 5 years; SD, 3.5) and 109 controls (median age, 12 years; 45% male) were included.
- Mean duration on ART was 7.0 years (SD, 3.0) with 37% initiating <2 years of age.</li>
- Median TC (4.1 vs 3.8 mmol/L, p<0.001), LDL (2.2 vs 2.0 mmol/L, p=0.013), and TG (0.9 vs 0.7 mmol/L, p<0.001) were higher in PHIV+ (Figure 1).</li>
- PHIV+ had lower mean z-scores for LV internal dimension at the end of diastole (-0.16 vs -0.49, p<0.01), LV posterior wall thickness at the end of systole (-0.45 vs -0.65, p=0.01), and RV internal dimension at end diastole (0.24 vs 0.43, p=0.01) and greater thickness of inter-ventricular septum at the end of systole (0.7 vs 0.6, p=0.04) vs controls.</li>

Figure 1.
Comparison of PHIV+ and HIV-controls on selected cardiovascular parameters

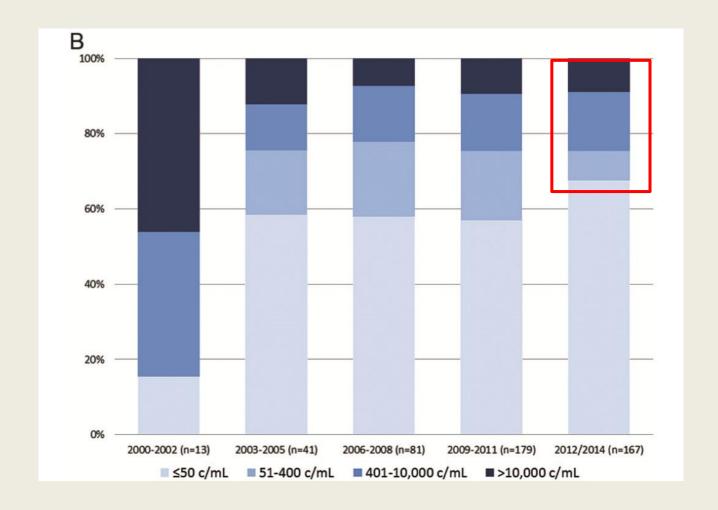


### Transfer to adult care?

### Increased proportion of adolescents transferred to adult care who are virologically suppressed



#### ... still an un-acceptable percentage with high VL!



#### When do we transfer to adult care?

- When they are around 16 years old:
  - Inform of the possibility of being transfered.
  - Start treating them as adults:
    - See them without their parents, at least part of the visit.
    - They are responsable for their appointments
    - They call us for results
- Evaluate transition:
  - After 18 years old
  - Around 21 to 24, when they are behaviourly young adults

### **Second generation PMTCT**



- Young PHIV+ women have a higher risk of treatment failure and multiclass drug resistance than those with BHIV
  - Long treatment histories
  - Previous exposure to obsolete and suboptimal ART
  - Adherence problems (stigma, discrimination, HIVassociated neurocognitive deficits, toxicity etc)
  - Treatment interruptions
- Other issues include problems with retention in care
- PHIV+ women are therefore a potentially high risk group for MTCT – and MTCT of resistant virus



Feb 13 - Feb 17, 2017

#### PREGNANCIES IN WOMEN WHO ACQUIRED HIV PERINATALLY The ANRS French Perinatal Cohort, 2006-2014

anRS

French National Agency for Research
on AIDS and Viral Propositios

An automomous agency at Interem

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Institut national
de la santé et de la recherche médical
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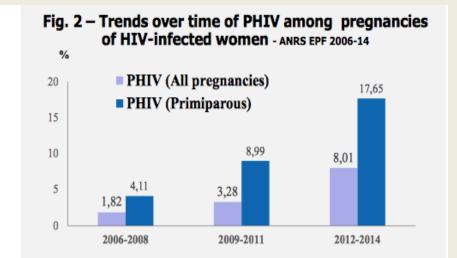
Fig. 1 – FLOW CHART

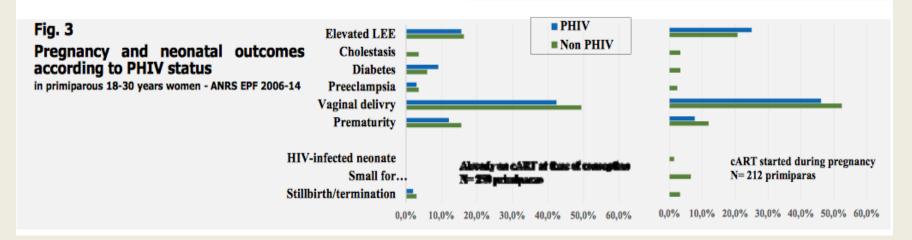
2201 pregnancies /1425 women
18-30 years old, delivery 2006-14

1650 pregnancies
HIV+ status known BEFORE conception

HIV perinatally acquired = PHIV

NO (Non-PHIV)
1586 pregnancies including:
470 primipara pregnancies
46 primipara pregnancies







#### PREGNANCIES IN WOMEN WHO ACQUIRED HIV PERINATALLY

The ANRS French Perinatal Cohort, 2006-2014



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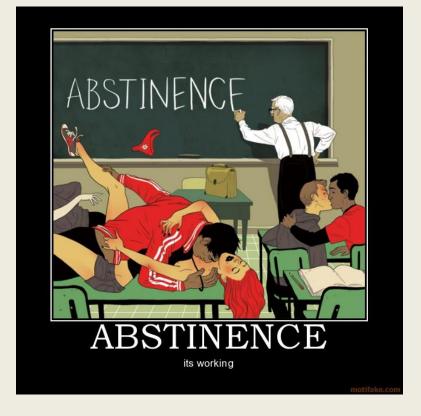
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#### RESULTS

- Increasing proportion of PHIV (Fig 2) among infected pregnant women aged
   18-30 years from 4.1 % to 17.7 % in primiparous women (p<0.001) over the study period.</li>
- Socio-demographics, compared with non-PHIV women:
  - PHIV had similar living conditions: about half not living with a partner, 40% being jobless, and less than 10% having psychoactive substance abuse.
  - PHIV were significantly more likely to have been born in France (73.9% vs 15.9%, p<0.001),</li>
- Care management, compared with non-PHIV women:
  - PHIV women were significantly more likely to to be on combined antiretroviral treatment at the time of conception (71.7% vs. 54.1%; p=0.02).
- Obstetrical and neonatal outcomes (Fig 3), compared with non-PHIV
  - The prevalences of obstetric complications and neonatal outcomes were very similar in the two groups. No case of MTCT occurred in the PHIV group (upper CI =0.1%), versus three cases (0.7%; CI: 0.1-1.9) in the non-PHIV group.
- Viral load (Fig 4), compared with non-PHIV women if ART present at conception:
  - PHIV had higher proportion of uncontrolled viral load (VL) during the first trimester (44.8% vs. 21.4%; p=0.007), as well as at delivery (26.7% vs. 10.6%; p=0.03).
    - Virological failure at delivery remained more frequent in PHIV women born outside France, after adjustment for initial viral load.



#### Thanks for your attention

.... And to Claire Thorne, Pablo Rojo, Heather Bailey, Jeannie Collins and all of those that recognize their slides.

